

Discourse on Love

Lyric: the English translation of the sutra Discourse on Love by Thầy Nhất Hạnh & Làng Mai Sangha
from a traditional Pali chant. Music by Chân Hoa Lâm Thu-Lan Nguyễn . Montréal, PQ, Canada.
Feb 25, 2007 (13:30p.m.). Tempo: quarter note = 72 -80 . Page 1 of 2. Copyright 2007 by Thu-Lan Nguyễn

5 In at-tain-ing Peace U-sing Lo-ving speech Pra-tice be-ing up right
9 and hum-ble Know-ing how to live sim-ply And hap-py-ly With cal-med senses
13 with-out be-ing co-ve-tous And car-ried a-way Car-ried a-way by the e-mo-tions
17 Of the ma-jo-ri-ty Let him or her not do a-ny thing That will be dis-ap-prove by the
21 wise ones This is what he or she's con-tem-pla-ting May e-ve-ry one be safe and hap
25 py And may all hearts be filled with joys May all li-ving be-ings live in
29 Se-cu-ri-ty and in Peace Be-ings who's frail and strong Tall or short
33 Big or small Vi-si-ble or not vi-si-ble Near
37 or far a-way Al-ready born or yet to be born May all of
them dwell in Per-fect Tran-qui-li-ty per-fect tran-qui-li-ty

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41
Let no one do harm to an - y one Let no one put the life of an - y one in dan -

45
ger Let no one out of an - ger Or ill (i) wish wish an - y one an - y harm

49
Just as a mo - ther loves and pro - tects her on - ly child We should cul - ti vate bound - less

53
Love To of - fer To all li - ving be - ings in the en - tire cos - mos

57
We should let our bound - less love Per - vade the whole u - ni - verse A - bove be - low and a -

61
cross Our love will know no obsta - cles Our heart will be ab - so - lute - ly free from ha -

65
- tred and En - mi - ty At an - y ins - tant As long as we a - wake We should main - tain

69
in Our hearts this mind - fullness of Love What a nobless way of Li - ving Free from wrong views

73
free from greeds and sen - sual de - sir - es The way to live in beau - ty and to rea - lize per - fect

77
un - der - stan - ding Those who prac - tice boundless love will certain - ly trans - cend Birth and Death